
PROFILE

A highly motivated and successful NCCP certified Competition Coach Specialist Professional. Practiced in communication skills with riders, horses, parents, EC officials and equestrian colleagues throughout North America. Coaching success based on experience, certified coaching levels, superior equine knowledge in the ring, in the barn and reflected in the success of students. Strong interpersonal skills and a proven ability to work effectively with individuals at all levels. Excellent communication and time management skills and abilities. Passion for grass roots level horse and rider development which is reflected by ensuring novice students participate in schooling competitions in Nova Scotia. Organizer and supporter of yearly Horses At Work schooling competitions.

TEACHING/COACHING EXPERIENCE

HORSES AT WORK, COMPETITIVE SHOW BARN, UPPER SWEETS CORNER, NOVA SCOTIA

Owner/Competitive Hunter and Jumper Coach

2000 - 2018

- Owner/manager of competitive show barn.
- Coach of 15-20 private hunter/jumper students and their horses.
- Responsible for training of horses and coaching of riders from beginner through to Equestrian Canada Gold level. Has qualified students for the Canadian Equestrian Championships and the Royal Winter Fair.
- Students have travelled and competed successfully at WEF and The Vermont Summer Series.
- Nova Scotia Coach of the Jumper Team at the Canadian Interprovincial Equestrian Challenge for three years. Focus as a coach to assist riders and create individual programs for their horses and the riders so that they can be successful at the level deemed appropriate to the horse/rider combination following Equestrian Canada's Long Term Equestrian Development model.

HALIFAX JUNIOR BENGAL LANCERS, HALIFAX, NOVA SCOTIA

1984 - 2015

Manager and Head Instructor

- Responsible for the delivery of the junior, senior and therapeutic riding programs that encourage juniors, adults and physically challenged students to ride, learn and enjoy all aspects of those sports connected with horses and riding.
- All programs provide progressive instruction in horsemanship and the proper care of horses, fostering the highest ideals of sportsmanship, citizenship and loyalty.
- Promotion of the philosophy of amateur sport of teaching life skills.
- Riding programs and lessons for: riders under age 18 including Summer Camps, Beginner Courses, "Rides" of the junior membership and Adult Rides.
- Choreographer and trainer of the 16 rider/horse junior HJBL Musical Ride troupe which performs yearly.

COACHING CERTIFICATION/EDUCATION

NATIONAL COACHING CERTIFICATION PROGRAM

- CC# 234466

EQUESTRIAN COMPETITION COACH

- Competition Coach Specialist
- Manage an Equestrian Sport Program
- Training Mental Skills for Equestrian Sport
- Design an Equestrian Sport Program
- High Performance Training with Hilary Clayton (2008)
- Equine Clear Sport Module (2012)
- Human Equestrian Athlete with Sandra Sokolowski (2011)
- Medication Control with Yves Rosse

EQUESTRIAN ENGLISH CERTIFIED LEVEL 2

- Certification 2 (April 1995)
- Technical 2 (May 1994)
- Technical 1 (May 1994)
- Practical 2 (March 1994)
- Certification 1 (Nov 1992)
- Practical 1 (May 1987)
- Certified Level 1

EQUESTRIAN CERTIFIED JUMPER COMPETITION COACH

FEB 2010

- English Competition Coach Evaluation (Feb 2010)
- Practical 3 (Nov 1999)

MULTI-SPORT

2006

- Making Ethical Decisions Online Evaluations (Feb 2006)
- Competition Introduction (Feb 2006)
- Old NCCP
 - Theory 3 (Jan 1996)
 - Theory 2 (Apr 1995)
 - Theory 1 (Nov 1992)

CANTRA COACH (CTRI)

- Instructor training in teaching therapeutic riding (not current)
- Select and train HJBL therapeutic horses

CANADIAN PONY CLUB

- Pony Club B2 (not current)
- Senior Examiner (not current)
- National A Examiner (not current)

AWARDS/ACHIEVEMENTS

- **NSEF VOLUNTEER OF THE YEAR AWARD** **2015**
- **CO-AUTHOR: EC RIDER LEVEL PROGRAMS REWRITE** **2012**
- **NSEF VOUNTEER OF THE YEAR AWARD** **2011**
- **EC/NCCP INAUGURAL NATIONAL LEVEL II COACH AWARD/ENGLISH JUMPING** **2011**
- **CO-AUTHOR: EC RIDER LEVELPROGRAMS** **2006**
- **3M COACHING AWARD CANADA: RECOGNITION FOR OUTSTANDING CONTRIBUTION TO COACHING
AND ADVANCEMENT OF YOUR SPORT** **1998**
- **AUTHOR: EC INSTRUCTOR LEVELPROGRAMS** **1998**
 - Author of original provincial instructor program
 - Program adopted by NCCP
- **SPORT NOVA SCOTIA: ROYAL BANK EXCELLENCE IN AMATEUR SPORT
SPECIAL SPORT ACHIEVEMENT AWARD
FOR LEADING EDGE THINKING AND INNOVATIVE PROGRAMMING IN
NOVA SCOTIA AMATEUR SPORT** **1997**
- **NSEF RECOGNITION AWARD: ATLANTIC EQUESTRIAN GAMES
TEAM NOVA SCOTIA PONY CLUB COACH** **1994**
- **3M COACHING AWARD - ENGLISH** **1993**

CURRENT COMMITTEES

- | | |
|--|------------------|
| •MASTER EVALUATOR NOVA SCOTIA | 1997-2018 |
| •EC NATIONAL ENGLISH COACHING COMMITTEE | 1997-2018 |
| •EC COMPETITION REVIEW COMMITTEE: PART OF “LTED” IMPLEMENTATION PROCESS | 2012-2017 |

COMMUNITY INVOLVEMENT

•NOVA SCOTIA HUNTER JUMPER ASSOCIATION (NSHJA)

- Charter Member (2007)
- Current Active Member
- Chair, Board of Directors 2009-2016

•NOVA SCOTIA EQUESTRIAN FEDERATION (NSEF)

- Current Member
- Volunteer Coach: Canadian Equestrian Championships, Bromont, PQ
- Member of various committees; strong resource for NSEF

•EQUESTRIAN CANADA (EC)

- Current Member #4032104
- 2011 EC Gold Show Host: Horses At Work
- 2012 EC Gold Show Host: Horses At Work

•HALIFAX JUNIOR BENGAL LANCERS (HJBL)

- Strong public presence; local media resource
- Hosts numerous EC/NSEF clinics to support local equestrian community
- Downtown Horse Show organizer
- Junior Bengal Lancers Musical Ride trainer/choreographer
- St. John Ambulance First Aid (2012)

•HORSES AT WORK

- Annual host of 4-5 local non-sanctioned training shows, Upper Sweets Corner since 2004, sanctioned as Scotia Series Competitions of the Nova Scotia Equestrian Federation since 2017.
- 2018 Host of Dressage Clinics
- 2011 Horses At Work EC Gold Show
- 2012 Horses At Work EC Gold Show
- Organize and Host Rider and Coach Development Training Opportunities
 - e.g. Sandra Sokolowski E-Sport Physiotherapy: Rider as Athlete Competitor 2010, 2011 (NSEF engaged for 2012)
- Host of NSHJA clinic: USA Rider Martien Van Der Hoven 2009

OTHER HIGHLIGHTS OF NOTE

- **JUMP CANADA \$2000 BURSARY**

 - ☛ Awarded to riding student Evan Phinney

SEPT 2011
- **WINTER EQUESTRIAN FESTIVAL (WEF), WELLINGTON, FLORIDA, USA**

COMPETITIVE COACH: Responsible for coaching and managing 3 rider/horse combinations

Rider List:

 - ☛ Emily Clarke/I.O.U.
 - ☛ Merryl Black/PSI Factor
 - ☛ Nicole Osmond/Hand In My Pocket

MARCH 2010
- **DALHOUSIE EQUESTRIAN TEAM**

COACH: Responsible for coaching weekly lessons with Dalhousie riders.

2007-2009
- **ROYAL WINTER FAIR**

Qualified with homebred three year old “401K”

 - ☛ **GOVERNOR GENERAL’S CUP LINE CLASS 6TH** (OWNER HANDLED)
 - ☛ **LIEUTENANT GOVERNOR’S CUP 1ST UNDER SADDLE** (WITH RYAN ROY)

2006
- **QUEEN MARGARET EQUESTRIAN PREP SCHOOL, BRITISH COLUMBIA**

COACH

Responsible for coaching rider Bridget Arsenault, Halifax Grammar School and rider Lana Green in private school horse show at Queen Margarets
- **ROYAL WINTER FAIR**

COMPETITIVE COACH

 - ☛ Qualified Rider: Richard Cuthbertson/CET Medal and Junior Hunter
- **ROYAL WINTER FAIR**

COMPETITIVE COACH

 - ☛ Qualified Rider: Angie Halpern/Junior Hunter
- **NOVA SCOTIA PONY CLUB TEAM, SOUTH AFRICA COMPETITION**

COACH

1999

PERSONAL INTERESTS

- ☛ Traveling
- ☛ Reading
- ☛ Gardening

REFERENCES

- ☛ References, personal and professional, available on request.